

# BAKING ESSENTIALS

## KNOW YOUR SPICES

*Spices are the magical beings that make your dishes the best fairyland anyone has visited ever!*

### CARDAMOM



The Royal Spice!

 **Flavour:**  
Sweet, Rich, Aromatic

 **Best with:**  Orange flavoured desserts  Cakes

### CINNAMON



The Mysterious Spice!

 **Flavour:**  
Spicy, Sweet, Mysterious

 **Best with:**  Breads  Buns  Rolls

### NUTMEG



The Rare Spice!

 **Flavour:**  
Warm, Nutty, Exciting

 **Best with:**  Custards  Punches

### GINGER



The Medicinal Spice!

 **Flavour:**  
Ancient, Medicinal, Penetrative

 **Best with:**  Breads  Cakes  Ginger cookies

### CLOVES



The Warm Spice!

 **Flavour:**  
Sweet, Warm, Bitter

 **Best with:**  Pumpkin Pies  Cookies

### GARLIC



The Common Spice!

 **Flavour:**  
Distinctive, Powerful, Pungent

 **Best with:**  Breads

