



MEASUREMENT

IS EVERYTHING IN BAKING



Let’s look at some measurements and conversion numbers!

1 tsp	5 ml		
			
1 1/2 tsp	7.5 ml	1/2 tbsp	
			
1 tbsp	3 tsp		
			
1/16 cup	15 ml	1 tbsp	3 tsp
			
1/8 cup	30 ml	2 tbsp	6 tsp
			
1/3 cup	80 ml	5 tbsp + 1 tsp	
			
1/2 cup	120 ml	8 tbsp	
			
1 cup	240 ml		
			
1 pint	480 ml	2 cup	
			

